On June 26th, our House launched our latest core program – Happy Wheels! The hospitality cart will be operated at CAMC Women & Children’s Hospital by RMHC Volunteers. To roll out the cart, we held a reception at the RMH Family Room on the 4th floor at the hospital to recognize all of the individuals and groups who made this program possible. First and foremost, we would like to thank CAMC Women & Children’s Hospital for their partnership and support to implement this program. We would also like to recognize the staff and students at Job Corps who constructed the cart, DOW Chemical, First Presbyterian Church of Charleston, and Mt. Nebo St. Patrick's Day Committee for the grants to fund the cart, and the numerous individuals in the community who donated items to be passed out. We are thrilled to be able to offer this program and to serve even more WV families. More information about the Happy Wheels program can be found on our website.
First Patient Served

On June 26, 2018, we served the first patient at CAMC Women and Children's Hospital from our Happy Wheels cart. Meet Katelynn – a 19 year old young lady from Putnam County who has been coming to Women & Children's since 2014 for her treatments. We loved getting to meet Katelynn, hear her story, and most importantly, bring a smile to her face!
Happy Wheels Wish List

Snacks & Beverages
- Individually Packaged:
  - Granola Bars/Nutri Grain Bars
  - Goldfish Crackers
  - Cheese Crackers
  - Boxes of Raisins
  - Trail Mix
  - Muffins
  - Cookies
  - Chips/Pretzels
  - Snack-Size Candy
  - Sugar Free Snacks
  - 8 oz. Bottled Water
  - 12 or 16 oz. Coffee Cups & Lids
  - Single-Serve Coffee Creamers
  - Single Serve Sugar Packets
  - Tea Bags

Toiletries
- Individual/Travel Size Packages of:
  - Toothbrushes
  - Toothpaste
  - Mouthwash
  - Manicure Kits
  - Nail Polish
  - Body Lotion
  - Makeup Kits
  - Tissues
  - Hand Sanitizer

Toys, Books, Activities
- Individual Matchbox & Hot Wheels Cars
- Princess Tiaras & Wands
- New Coloring Books
- New Crayons - 24 count or smaller
- Stickers
- Picture Books
- Chapter Books
- Adult Activity Books (crosswords, Sudoku, etc.)
- Card Games
- Fidget Spinners
- Notebooks/Notepads

Micellaneous
- Socks with Grippers on the bottom
- Beverage Size Napkins
- Coffee Stir Sticks
- Ziploc Bags - Gallon & Quart
- Pens
- Sanitizing Wipes
- Gift Cards, iTunes, Google Play

The Happy Wheels cart provides comfort items to patients, siblings, families, visitor’s, and hospital staff at Women & Children’s Hospital. If you would like to donate new items for the cart, they can be dropped off at 930 Pennsylvania Ave., from 9:00 am to 9:00 pm, seven days a week. For more information, contact the House at 304-346-0279, or email us at stacy@charlestonmhc.org.

Due to inpatient health and safety protocols, all donated items must be new and unused, and food items must be individually wrapped and labeled.
BrickStreet Insurance

On June 15th, BrickStreet Insurance announced our organization as the recipient of their fundraising "Tailgate" event along with three other Houses where their regional offices are located. We were even lucky enough to have Ronald McDonald himself in attendance for the big announcement! Throughout the rest of the month, the employees from BrickStreet came to the House on two separate occasions for community service projects. From preparing bagged lunches to landscaping, this group goes above and beyond in all that they do and we're grateful for their support!

Food Truck Friday 2018

June 1st kicked off our Food Truck Friday 2018 event and we would like to thank everyone who has come out so far! During the month of June, we had Barnyard BBQ, Gritt's Farm, The Coffee Camper, Mountain Que, The Sideline Grille, Huskey's Ice Cream, Hotdog Willy's, The Twisted Taco, and Kevin & Cathleen's Snack Shack here at the House. Not only are the food trucks donating 10% of their sales to the House, they're also feeding our families for free. Food Truck Friday will continue through August 3rd, so if you haven't had a chance to stop by yet, there's still plenty of time!
Food Truck Friday Video Game!

Whether you’re into video games or not, we have one that everyone should try their hand at! The fine folks over at Aronlfield Agency created a custom Food Truck Friday video game for us. Each week, the game is updated to include the different Food Trucks that will be featured at the House. The goal is to avoid the obstacles and “eat” enough food to get to 100 points. If you’d like to try it out for yourself, visit our website at charlestonrmhc.org Be sure to let us know how you did!

Raised Garden – Gritt's Farm

Not only is Gritt’s Farm feeding our families when they’re here for #FoodTruckFriday2018, but they’re also making sure we have plenty of fresh vegetables for the House in between their visits. Thank you for donating all of the vegetables for our new raised garden bed! Gritt’s will be back for Food Truck Friday on July 6th and August 3rd, so if you missed them in June, you’ve still got two more chances to try their delicious, farm-fresh food!
Van Design Contest

Last month we announced a contest to help us come up with a design for our RMHC van and we are thrilled to announce Balance as the winner! Thank you to everyone who submitted a design! If you’re out and about in the Charleston area and you happen to see our van pass by, be sure to honk or give us a wave to let us know how much you like the new design!

What Our Families Are Saying

"Thank you for the food, place to stay, and everything else. Everyone was so kind and helpful. Thank you!"
~ Alan & Kara

"Everything was wonderful. Thank you so much."
~ Boyce & Jasmine

"The facility was very nice and very clean. The workers were extremely nice and helpful in every way and we thank God this was available for us and we gratefully appreciate everyone. "
~ The Sweeney Family
"Love it! It saved my life. Appreciate you all so much."
~ Olivia Watkins

Thank You

Dr. Hamdan

The day after we launched our Happy Wheels hospitality cart, Hamdan Family Dentistry reached out to us to see how they could help. Later that afternoon, we received a basket full of toothbrushes! It’s amazing to see all of the support we’ve received for this program in such a short amount of time! Thank you, Dr. Hamdan!

Mark Boggs – Jason Taylor Memorial Golf Tournament

Little did we know when we met Mark Boggs last summer that he was going to become a part of our RMHC family. Over the past year, he's been involved in a number of ways, with the most recent being the Jason Taylor Memorial Golf Tournament that he organizes. Mark donated the proceeds from the long drive contest hole to our House, totaling over $500. Mark truly is a selfless, giving man and we are so fortunate to know him! Thank you, Mark, for all that you do, not only for our House, but for other individuals and organizations in the community.
**Members Choice WV Federal Credit Union**

Gabrielle McClure, with Members Choice WV Federal Credit Union, presented a check that their employees raised as part of their “Jean Day” fundraiser to Programs & Services Director, Stacy Wright. We can’t thank you enough for helping us in our mission of #KeepingFamiliesClose.

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**Valley Health Systems, Inc.**

A very special thanks to the employees of Valley Health Systems, Inc. for raising more than $1,300 to support RMHC of Southern West Virginia! We were honored to be included among 4 other fantastic local charities including our friends at Ronald McDonald House Charities of Huntington.

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**The Gerwig Family**

The Gerwig Family stayed with us last summer while Ellie was nearby in the NICU. To show their gratitude and pay it forward, her family asked for Wish List items for her 1st birthday, rather than presents. A former family knows better than anyone what a donation like this means to our House. Thank you, from the bottom of our hearts!

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**West Virginia Executive Magazine**

Thank you West Virginia Executive Magazine for selecting RMHC of Southern WV Executive Director, Dewayne Dickens as the first Spirit of Service Honoree!
Thanks for Helping Feed Our Families

THANK YOU to all of the Meal Groups who came to the House during the month of June!

- Barnyard BBQ
- Gritt’s Farm
- The Coffee Camper
- Tabernacle of Praise
- Cooper’s Creek CEO’s
- Mountain Que
- The Sideline Grille
- Huskey’s Ice Cream
- Omega Psi Phi
- Oakwood Baptist Church
- Kanawha Valley Chapter of WV Credit Union (pictured, top)
- The Twisted Taco
- Hotdog Willy’s
- Kevin & Kathleen’s Snack Shack
- Charleston Civitan Club
- AT&T
- Evon Mogielski
- Deb Frostick
- WV American Water (pictured, bottom)
- BrickStreet Insurance
- Taylor Wood
- Orders Construction
- Nitro High School Key Club
- Brenda Cavendish and Linda

Did You Know?
MORE THAN 25% OF PARENTS OF HOSPITALIZED CHILDREN experienced significant post-traumatic stress symptoms three months after the child’s discharge.

A Ronald McDonald House®, and ongoing support programs, can help parents cope with stress and anxiety.

“Khoury et al., Journal of Child Health Care (2010)
Quick, Easy Ways to Give Back

**FOOD TRUCK Friday**

June 1
- Barnyard BBQ
- Gritt's Gourmet
- The Coffee Camper

June 8
- Mountain Que
- The Sideline Grille
- Huskey's Ice Cream

June 15
- Hotdog Willy's
- The Twisted Taco
- Snack Shack

June 22
- Mountain Que
- Gritt's Gourmet
- Huskey's Ice Cream

June 29
- Barnyard BBQ
- Hotdog Willy's
- The Coffee Camper

July 6
- Gritt's Gourmet
- Fusion Teriyaki Grille
- The Coffee Camper

July 13
- Mountain Que
- Hotdog Willy's
- Huskey's Ice Cream

July 20
- Barnyard BBQ
- The Twisted Taco
- Mmmm, Tropical Sno

July 27
- Mountain Que
- The Sideline Grille
- Mmmm, Tropical Sno

August 3
- Gritt's Gourmet
- Fusion Teriyaki Grille
AmazonSmile is a simple and automatic way for you to support Ronald McDonald House every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate 0.5% of the purchase price from your eligible purchases directly to our House. To select RMHC of Southern WV as your charity of choice, visit your Amazon account and select "Change your Charity" under settings.

While you're shopping, be sure to check out our Amazon Wish List, where you can purchase items and have them shipped directly to our House. We have one list for the House, and one specifically for the Happy Wheels cart.

HOUSE WISH LIST
HAPPY WHEELS WISH LIST

Did you know you can support Ronald McDonald House just by shopping at Kroger? It's easy when you enroll in Kroger Community Rewards! To get started, sign up with your Plus Card, and select Ronald McDonald House as the local organization you wish to support. Once you're enrolled, you'll earn rewards for the House every time you shop and use your Plus Card!

www.kroger.com

Volunteer Corner

Volunteer Spotlight – Marty Johnson
Marty Johnson, originally from St. Albans and now living in Dunbar, has been volunteering at the House since October, 2017. She graduated from WVU with a bachelor’s degree in social work and then attended WV College of Graduate Studies where she obtained her master’s degree in counseling & guidance. In addition to this, Marty also received a degree in nursing from UC. She has worked as an RN at General, Director of Recreational Therapy at Dodd Hall, and as a counselor at WV Rehab Center. Now retired, Marty enjoys traveling, reading, watching movies, and sports. Her favorite thing about volunteering at the House is the interaction with the families and knowing that anything she does is helpful to the guests. She also says that the House restores her faith in humanity.

Happy Wheels Volunteers Needed

We just launched our newest program and we are in need of volunteers! Happy Wheels is a hospitality cart that will provide comfort items to patients, siblings, families, visitors, and hospital staff at CAMC Women & Children’s Hospital. We are in need of volunteers who can fill in when the regular volunteers are unable to complete their shift. The cart operates on Tuesdays from 12:00 pm to 3:00 pm each week. The minimum age to volunteer is 18 with a 1 year commitment required. If you or someone you know is interested, please visit our website or contact Stacy at 304-346-0279 for more information and to schedule an interview.

House Volunteers Needed
We have several openings for a House Volunteer. Must be 18 years old to be considered and willing to commit for at least one year. If you or someone you know is interested, please visit our website, www.charlestonrmhc.org, and complete the Volunteer Application. For more information, contact Stacy Wright at 304-346-0279.

Happy Birthday!

Ruth Diller – 9th
Jean Wood – 22nd
Marty Johnson – 27th
Jane Robinson – 31st

Welcome New Volunteers

Bernadette Luby – Saturday, 12–3

The hands that make a difference are the hands of a volunteer.